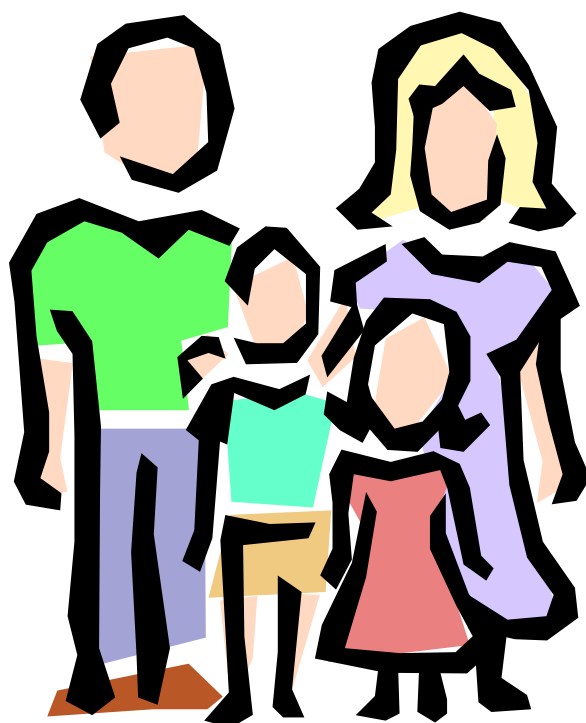


PARENTING / PARENTAGE

January / Janvier 2007



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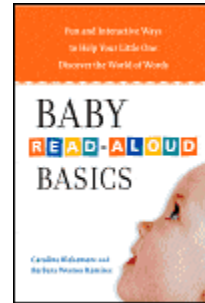
Babies / Bébés

Baby read-aloud basics : fun and interactive ways to help your little one discover the world of words

by **Caroline Blakemore and Barbara Weston Ramirez.**

372.4 B636

Shows you how to establish an effective daily read-aloud routine to take charge of your baby's future understanding and success.



Sign, sing, and play! : fun signing activities for you and your baby

by **Monta Z. Briant.**

649.5 B849

Shows how to use signs in playful and engaging ways to get babies' attention and stimulate their interest in signing.

Whether it is time for a story, a diaper change or a ride in the car, busy caregivers will find dozens of imaginative ideas and activities that can be used throughout the day to motivate

baby to sign back quickly.

Bébé calme

Par **Caroline Deacon ; traduit de l'anglais par Tina Calogirou.**

FR 649.122 D278

Chaque tout petit dépend de ses parents qui doivent satisfaire ses besoins essentiels. En remplissant cette mission, ils résoudreont un grand nombre de problèmes et contribueront au développement de leur enfant dans le calme et la satisfaction. Titre original:

Babycalming : simple solutions for a happy baby.



The Baby Whisperer solves all your problems (by teaching you how to ask the right questions) : sleeping, feeding and behaviour--beyond the basics through infancy and toddlerhood

by **Tracy Hogg with Melinda Blau.**

649.122 H716b

Goes beyond the basics to offer a series of specific, targeted strategies for solving common challenges faced by parents of children up to three years of age, including feeding problems, sleep troubles, and behavior issues, in a volume complemented by real-life case stories.

Baby prodigy : a guide to raising a smarter, happier baby

by **Barbara Candiano-Marcus.**

649.122 C217

Explains how parents can encourage the intellectual growth of their child with a series of simple activities designed to stimulate the five senses and help build verbal skills, fine and gross motor skills, and spatial awareness.

50 exercices pour l'éveil de bébé : stimulation, coordination, relaxation

par Jean-Christophe Berlin ; Nicolas Bertrand.

FR 649.122 B515

Cette méthode simple et efficace, mise au point par deux kinésithérapeutes français, comprend 50 exercices illustrés et classés par ordre de difficulté, qui permettent d'accompagner le bébé dans son développement aux âges où il apprend à s'asseoir, à marcher et à devenir autonome. La dernière partie de l'ouvrage concerne le massage de bébé.



The new breastfeeding diet : breakthrough ways to reduce toxins and give your baby the best start in life

by Robert Rountree and Melissa Lynn Block.

649.3 R859

Provides an easy-to-follow strategy to enrich your breast milk with the right vitamins, minerals, and nutrients for you and your baby's lifelong health--as well as safely shed pregnancy weight.



B is for baby : 26 projects from A to Z

by Suzonne Stirling ; photographer, Mary Ellen Bartley.

745.5 S861

Filled with hundreds of beautiful photographs and ideas this book honors the age-old tradition of crafting with a mix of vintage and modern-style projects for all women who buy baby gifts who want to give something meaningful and handmade.

Every letter is represented with a main project and many variations, and all have concise step-by-step directions, photos and templates.

Knits, knots, buttons, and bows : projects for babies

by Lynda Schar.

746.432 S311

Baby is on the way and you can welcome baby in style with sweet clothing and accessories that are simple to knit and fun to give. Choose from more than 18 projects, including blankets, hats, booties, and sweaters. Knit up designs in sizes from newborn to 18 months; cotton and wool yarns guarantee easy cleaning.

Why is my baby crying? : the parent's survival guide for coping with crying problems and colic
by **Barry M. Lester with Catherine O'Neill Grace.**
649.122 L642

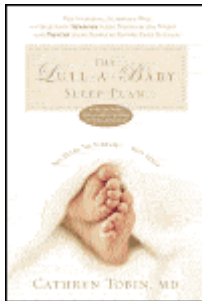
Dr. Lester, a leading expert on colic, both as a clinical researcher and as a professor at Brown Medical School, explores the science of colic and its long-lasting effects on the physical health of the child and the emotional health of the family.



The baby sleep book : the complete guide to a good night's rest for the whole family

by **William Sears and others.**
618.92 B1152

The authors counsel parents of infants and toddlers on how to address a variety of sleeping challenges with solutions that can be adapted to lifestyle needs, in a guide that draws on current infant sleep research and a range of case examples.



The lull-a-baby sleep plan : the soothing, superfast way to help your new baby sleep through the night -- and prevent sleep problems before they develop
by **Cathryn Tobin.**

618.92 T629

A midwife, pediatrician, and mother of four outlines a seven-day plan designed to be implemented in a baby's first few weeks of life to establish healthy sleep patterns and prevent common problems, in a guide that also shares re-training recommendations for older babies and toddlers.

Toddlers / Tout-petits

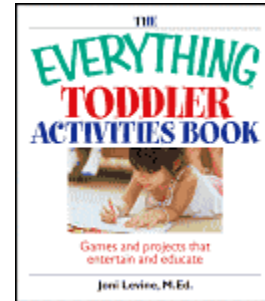
Toddler time : 150 easy ways to keep them busy, safe & happy
by **Melissa Bogdany**
649.5 B674

It provides creative and resourceful tips on keeping your toddler busy, as well as ways to include him or her in accomplishing daily tasks. Each activity also helps toddlers develop fine motor skills and learn about color, texture, and other basics.

The everything toddler activities book
by Joni Levine.

649.5 L665

A handbook for parents of children eighteen to forty months of age. Introduces hundreds of exercises, games, crafts, nursery songs, projects, movements, and other activities designed to promote social and emotional skills, as well as intellectual development and physiological growth.



The happiest toddler on the block : the new way to stop the daily battle of wills and raise a secure and well-behaved one- to four-year-old
by Harvey Karp with Paula Spencer.

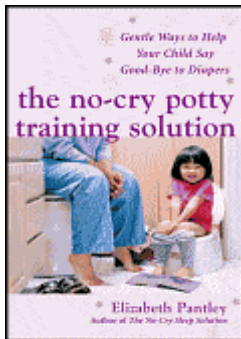
649.122 K18

From the renowned pediatrician who taught parents how to calm their crying babies in "The Happiest Baby on the Block" comes a breakthrough book that explains a new way to raise a secure and well-behaved 1 to 4 year old and prevent a toddler's tantrums.

Le grand monde des petits de 0 à 5 ans
par Sylvie Bourcier.

FR 649.122 B767

Ce livre présente aux parents et aux éducateurs le monde de 0 à 5 ans et aborde les problématiques de cet âge.



The no-cry potty training solution : gentle ways to help your child say good-bye to diapers
by Elizabeth Pantley.

649.62 P197

A realistic, stress-free plan to help your child become independent in the bathroom.

Toddler 411 : clear answers & smart advice for your toddler
by Denise Fields and Ari Brown.

649.122 F461

A parent's guide to the trials and tribulations of toddlerhood, shares practical advice in a question-and-answer format for easy reference and covers a wide range of topics, from potty-training and picky eating habits to discipline and identifying developmental problems.

Le guide complet jeux pour bébé et tout-petit
par Wendy S. Masi et Roni Cohen Leiderman ; traduction et adaptation,
Normand Lebeau.

FR 649.5 M397

70 activités pour stimuler l'imagination, étendre le vocabulaire, développer des habiletés et faire participer vos enfants à des jeux empreints de plaisir. Traduction de: Gymboree : the parent's guide to play.

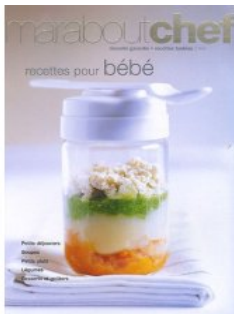
Nutrition

Superfoods for babies and children

by Annabel Karmel.

641.5622 K18s

Provides more than 130 recipes suitable for children of all ages. Includes tips on how to harness the power of healthy foods to promote brain development and immunity, informative facts about organic and genetically modified foods, and more.



Recettes pour bébé / par Blandine Vié.

FR 641.5622 V656

110 recettes pour bébé de 4 à 12 mois sont réunies dans ce livre afin d'aider les mamans à ne plus craindre le moment des repas.

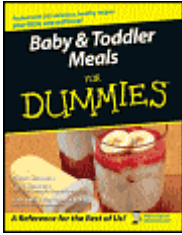
Just two more bites! : helping picky eaters say 'yes' to food

by Linda Piette.

649.3 P625

A pediatric nutritionist offers parents a series of practical solutions and strategies for coping with the eating problems common among young children, with advice on how to deal with finicky eaters, food allergies, bottle dependency, erratic eating patterns, feeding skill deficits, and more to help youngsters develop lifelong healthy eating habits.





Baby & toddler meals for dummies
by Dawn Simmons and Curt Simmons, with Sallie Warren.
641.5622 S592

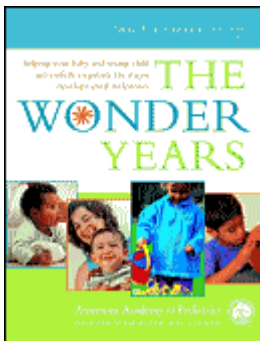
Babies and toddlers need good nutrition to grow and thrive, and this essential, timesaving guide makes it easy to feed your child right. It explains exactly what foods you should introduce at what ages and shows you how to prepare fresh, home-cooked baby and toddler meals that beat anything you can get from a jar or box.

The healthy lunchbox : quick, stress-free lunches kids will love
by Marie McClendon and Cristy Shauck.
641.53 M164

This one-of-a-kind guide is filled with tips, tricks, and techniques for organizing and preparing quick and easy meals with a little more zing-and a lot more nutrition-than those boring old sandwiches, chips, and sodas.

Health & Development / Santé et Développement

The wonder years : helping your baby and young child successfully negotiate the major developmental milestones
edited by Tanya Remer Altmann.



649.122 W872

From America's premier pediatric authority and the organization behind "Caring for Your Baby and Young Child" comes an accessible and essential handbook for helping parents guide their children's development through the first five years of life.

L'enfant qui dit non
par Jerry Wyckoff et Barbara C. Unell ; traduit par Jacques Desfossés.
FR 649.64 W977

Beaucoup de parents sont épuisés d'entendre leur enfant dire non . Ce livre propose aux parents des méthodes pratiques et non violentes afin d'inciter leur enfant à obéir. Titre original: Getting your children from no to yes.



**Complete baby & childcare
by Miriam Stoppard.**

649.1 S883 2006

This revised, comprehensive guide to the first five years of child-rearing offers in-depth advice on bathing your baby, coping with disorders, overcoming childhood phobias, establishing sleep patterns, single parenting, the differences between male and female children, and much more.

Des enfants bien dans leur peau : conseils pratiques pour l'épanouissement des enfants de 3 à 12 ans / par Anne Floret.

FR 155.4 F634

Les parents parfaits n'existent pas! Nous souhaitons le bonheur de notre enfant et pourtant, nous avons parfois besoin d'aide pour résoudre les problèmes qui peuvent survenir lors de son développement psychologique.

**Les troubles du sommeil et les colères chez l'enfant
par Charlotte Mareau.**

FR 155.4 M323

Les difficultés liées au sommeil et les conduites d'opposition révèlent souvent une réelle souffrance. Et en tant que parents, il n'est pas toujours facile de trouver les mots qui apportent soutien et réconfort.

Love, magic, and mudpies : raising your kids to feel loved, be kind, and make a difference

by Bernie Siegel.

649.1 S5708

The best-selling author of *Love, Medicine and Miracles* shares anecdotal life lessons culled from his professional life and experiences as a father and grandfather, discussing such topics as instilling values, balancing anger and discipline with love, and helping children to manage loss.

Par le bout du nez : la psychologie de l'enfant roi et la compétence parentale / par Gilbert Richer.

FR 649.64 R529

Ce livre présente tout d'abord aux parents ainsi qu'aux intervenants sociaux les grands paramètres d'une éducation réussie en expliquant le moment précis où s'enracine l'enfant roi. Ensuite, il explique comment éviter ce phénomène.



Education

Raising young children well : insights and ideas for parents and teachers

edited by **Sandra Radzanower Wolkoff, Neala S. Schwartzberg, and Jane E. Meckwood-Yazdpour.**
649.1 R159

This collection of the best articles from the award-winning Parent & Preschooler Newsletter offers specific advice, respected research, and simple real-life examples to guide parents and professionals through the trials and tribulations of early childhood.



Le bonheur d'apprendre à lire : accompagner son enfant de 2 à 5 ans

par **Françoise Boulanger.**

FR 372.4 B763b

Informations sur la question de l'apprentissage de la lecture et sur les moyens; conseils pratiques et trucs pour favoriser cet apprentissage en utilisant les objets de la vie quotidienne.

100 best books for children : a parent's guide to making the right choices for your young reader, toddler to preteen

by **Anita Silvey.**

028.162 S587

From classics to new favorites, 100 Best Books for Children points parents in the right direction to 100 titles no child should miss.



Raise a smarter child by kindergarten : build a better brain and increase IQ up to 30 points

by **David Perlmutter and Carol Colman.**

649.122 P451

A noted neurologist presents parents of small children with a series of effective, simple ways to enhance a youngster's developing brain to make a child smarter and faster and to promote academic success, offering guidance on sleep, nutrition, the proper role of computers and TV.

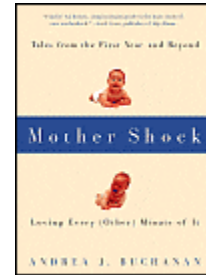
Miscellaneous / Divers

Mother shock : loving every (other) minute of it

by **Andrea J. Buchanan.**

306.87 B918

Thirty amusing and intelligent essays, Buchanan shares her insights as she moves from the overwhelming feelings of first love for her baby to the disturbing and often hilarious darker side of mommyhood, finally reaching a place where she not only speaks the language but understands the customs of this strange and wonderful land.

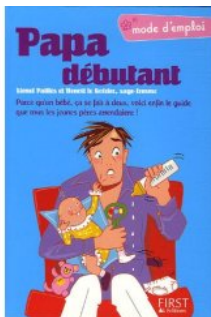


Chicken soup for the mothers of preschooler's soul : stories to refresh and rekindle the spirit of moms of little ones

by **Jack Canfield and others.**

306.87 C533m

Uplifting stories offer mommies a place to release the stresses of their day, encouraging their sense of self and spirit during this short, but precious period of time in their lives.



Papa débutant : 100 réponses à 100 questions qu'un homme se pose à propos de l'accouchement, du retour à la maison, de l'allaitement, du biberon, de la sexualité postnatale

par **Lionel Paillès avec Benoît Le Goëdec.**

FR 649.122 P143

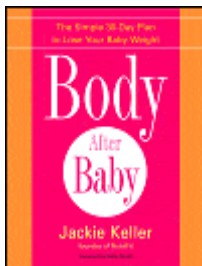
Lorsqu'un homme est sur le point de devenir papa pour la première fois, ou qu'il vient de l'être, une foule de questions se bousculent dans sa tête.

Body after baby : the simple 30-day plan to lose your baby weight

by **Jackie Keller.**

618.6 K29

Outlines a simple eating and workout program for postpartum moms, in a guide that offers meal plans, a range of short-duration workouts that can be performed with a baby, and more than one hundred recipes.

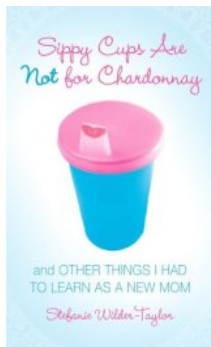


Montreal pocket parent : a directory for pregnant women, parents, babies and children

by Annika Melanson.

917.1428 M517

The Montreal resources are here. From grocery stores that are open twenty-four hours a day (in case you need baby food) to kid-friendly restaurants - and from libraries to suggested outings.



Sippy cups are not for chardonnay, and other things I had to learn as a new mom

by Stefanie Wilder-Taylor.

306.87 W673

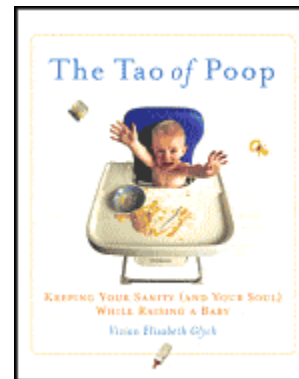
Straight dirt on parenting, tackling everything from Mommy & Me classes to attachment parenting. Combines practical tips with humour and honesty.

The Tao of poop : keeping your sanity (and your soul) while raising a baby

by Vivian Elisabeth Glyck.

649.1 G568

Based on the author's own experience as a mother late in life, this guide explores the challenges a parent can face during the first years of a child's life, highlighting the valuable life lesson that can be drawn from each predicament.

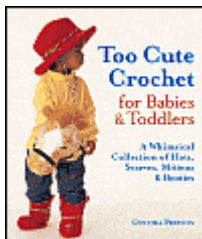


Maybe baby : 28 writers contemplate life's biggest decision

edited by Lori Leibovich ; foreword by Anne Lamott.

301.426 M466

In a compilation of essays from Salon.com, twenty-eight celebrated writers--including Rick Moody, Kathryn Harrison, Lauren Slater, and Alisa Valdes-Rodriguez--share their thoughts on parenthood in twenty-first-century America as they look at their individual decisions on whether or not to become a parent.



Too cute! crochet for babies and toddlers : a whimsical collection of hats, scarves, mittens & booties

by Cynthia Preston.

746.43 P937

Every day is dress-up day when you make these delightful projects that include whimsical creatures, fruits and vegetables, baby animals, and sweet treats. Each project is a guaranteed crowd-pleaser!