

# Books : Just in time for Mother's Day

## Livres : Juste-à-temps pour la fête des Mères



May 2007

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# FICTION

## **For one more day**

by **Mitch Albom**

**F A339fo**

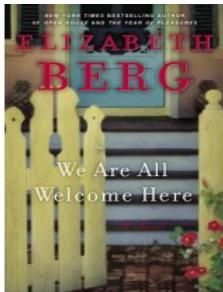
Charley Benetto, an alcoholic considering suicide, is given the chance to spend one more day with his mother, who had died eight years earlier.

## **The shape I gave you**

by **Martha Baillie**

**F B157s**

A story of an obsessive love, the weight of guilt, and the complex relationships between mothers and daughters, men and women. It shows how we reinvent and re-imagine each other, and how we can occasionally glimpse an understanding of the people we love.



## **We are all welcome here : a novel**

by **Elizabeth Berg**

**F B493we**

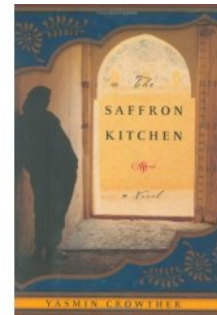
Stricken by polio, Paige Dunn, a woman of remarkable free spirit, beauty, and intelligence, continues to raise her daughter, Diana, with the help of her caretaker Peacie, in a novel about the power of love and the resilience of the human spirit, set against the backdrop of Tupelo, Mississippi, in 1964.

## **The saffron kitchen**

by **Yasmin Crowther**

**F C9538s**

Growing up in contemporary London, Sara struggles to understand her Iranian mother, Maryam. When tragedy strikes, Sara realises that only by learning more about her mother will she be able to live her own life fully. This is a tale of mothers and daughters, exile and homecoming, as well as a window into the world of Iranian life.



## **In praise of mothers: a literary anthology**

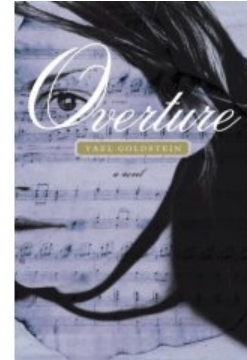
edited by **Lilly Golden**

**SC I35**

Showcasing the work of such brilliant writers as Alice Walker, Frank O'Connor, and Colette, this is a collection of 20 short stories about and for mothers. These stories about motherhood and childhood explore the subject from different and sometime startling angles, yet each touches on the profound complexity and poignancy of a mother's experience.

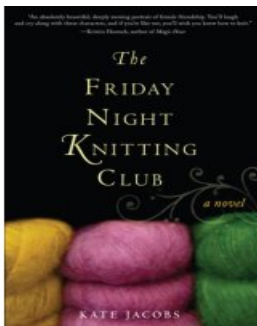
**Overture : a novel**  
**by Yael Goldstein**  
**F G6249o**

Overture draws readers into the glamorous and competitive world of classical music, capturing its harsh demands and its magical power to move performers and audiences alike. Natasha Darsky, is a musical prodigy whose talent blossoms during her college years. When she begins to pursue composition as well as performance, she abandons her dream of writing music after a passionate affair with a young composer, until her young daughter's talent as a composer has a profound influence on her life and their relationship.



**Pearl**  
**by Mary Gordon**  
**F G6643pe**

When informed by the State Department that her daughter has been protesting global violence by chaining herself to a flagpole at the American embassy in Dublin, Maria Meyers heads to Ireland to save her daughter from a hunger strike.

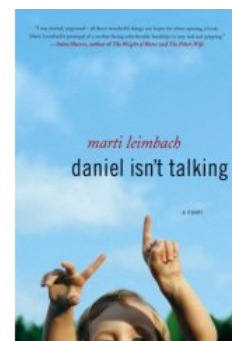


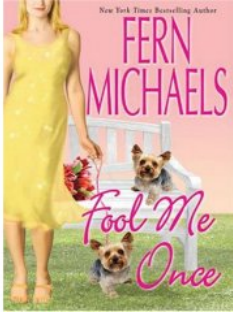
**The Friday night knitting club**  
**by Kate Jacobs**  
**F J171f**

Gathering for their weekly knitting club at a small yarn shop on Manhattan's Upper West Side, a group of friends shares such challenges as raising children, navigating the ups and downs of their careers, and pursuing uncertain relationships.

**Daniel isn't talking**  
**by Marti Leimbach**  
**F L529d**

Melanie Marsh's 19-month-old son Daniel is obsessed with just one toy, won't stop crying, and, unlike his bubbly older sister Emily, doesn't talk or play with other children. Daniel isn't talking because he is autistic, and Melanie, who's always been cheerful to a fault, finds herself coming undone.





**Fool me once**  
**by Fern Michaels**  
**F M6211fo**

When her mother, who supposedly died in childbirth, leaves her a vast fortune with a caveat regarding a crime committed years ago, Olivia Lowell turns to a handsome young lawyer for help in understanding who her mother really was.

**Last voyage of the Valentina**  
**by Santa Montefiore**  
**F M774L**

When Alba discovers a portrait of her deceased mother, she travels to the Amalfi coast of Italy to find out about her mother's past and not only discovers hidden secrets, but realizes the possibility of love and happiness in her own future.

**Shades of red**  
**by Doris Mortman**  
**F M8885s**

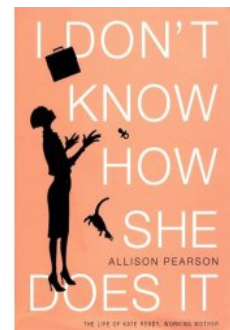
When her cosmetics empire is sabotaged by a killer who is poisoning customers, Vera Hart, estranged from her daughter, Martie, seeks a reconciliation.

**Missing mom : a novel**  
**by Joyce Carol Oates**  
**F O11mm**

In the aftermath of her mother's death, thirty-one-year-old, sexually liberated and economically independent Nikki Eaton comes into a startling realization of her identity as a daughter and experiences a tumultuous year of mourning that gives way to greater wisdom and love.

**I don't know how she does it : the life of Kate Reddy, working mother**  
**by Allison Pearson**  
**F P3615i**

In a pointed dramatization of the problems of working mothers, Kate Reddy, a hedge fund manager and mother of two, struggles to juggle her professional and personal lives and to balance--often unsuccessfully--the tightrope of work and home.



## **The edge of winter**

**by Luanne Rice**

**F R496e**

Neve Halloran and her teenage daughter, Mickey, struggle to build a new life together amid the harsh beauty of a wildlife sanctuary in Rhode Island's South County.

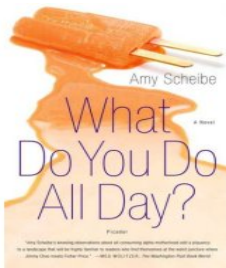


## **Mother's milk : a novel**

**by Edward St. Aubyn**

**F S1342m**

A complex family portrait that examines the shifting allegiances between mothers, sons, and husbands.



## **What do you do all day?**

**by Amy Scheibe**

**F S318w**

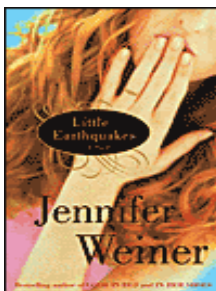
Feeling frazzled in her life as a Manhattan stay-at-home mom with two preschool age children, Jennifer Bradley considers returning to work while tackling challenges at the playground, in play groups, and at birthday parties.

## **Mothers and sons**

**by Colm Tóibín**

**F T646ms**

This book is a meditation on the dramas surrounding this most elemental of relationships. Each of the nine stories focuses on a moment in which an unspoken balance shifts; in which a mother or son do battle, or experience a sudden crisis, thus leaving their conception of who they are subtly or seriously altered.



## **Little earthquakes : a novel**

**by Jennifer Weiner**

**F W4233L**

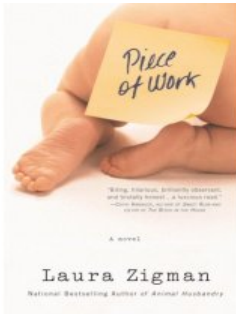
The hilarious and warmhearted story of three young women who find friendship against the background of new motherhood.

## **The yummy mummy : a novel**

**by Polly Williams**

**F W726y**

The mother of a beautiful six-month-old daughter, Amy Crane is trying to decide whether or not to resume her high-pressure PR job. She has to deal with feelings of being unattractive and worrying that her child's father is having an affair, then she meets the gorgeous Alice, who offers her lessons in the fine art of making motherhood look sexy.



## **Piece of work**

**by Laura Zigman**

**F Z68p**

Enjoying life as a stay-at-home mom, Julia Einstein is upset by the prospects of returning to her high-stress job as a celebrity publicist after her husband loses his job.

# **NON-FICTION**

## **Mother : a cradle to hold me**

**by Maya Angelou**

**811 A584m**

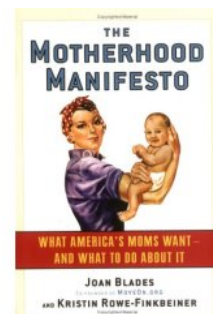
With her signature eloquence and heartfelt appreciation, renowned poet Maya Angelou celebrates the first woman we ever knew: Mother. From the beginnings of this profound relationship through to adulthood, Angelou praises the patience, knowledge, and compassion of this remarkable parent.

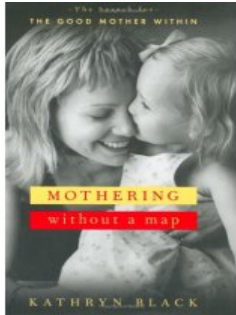
## **The motherhood manifesto: what America's moms want and what to do about it**

**by Joan Blades and Kristin Rowe-Finkbeiner**

**306.87 B632**

Examines how the needs of working mothers are not being met in the American workplace, focusing on such issues as child care, health care, fair wages, after-school programs and work schedules, and proposing actions which can be taken to remedy the situation.





**Mothering without a map : the search for the good mother within**

**by Kathryn Black**

**306.87 B627**

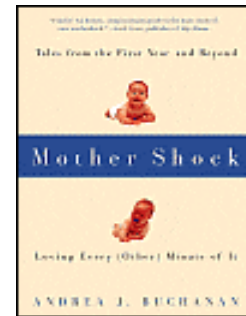
Black lost her mother to polio as young girl and, when deciding whether or not to become a mother herself, sought evidence that women don't necessarily need to have had a good mother to be one. Her book offers guidance to women who wish to enjoy for themselves the powerful experience that motherhood can be.

**Mother shock : loving every (other) minute of it**

**by Andrea J. Buchanan.**

**306.87 B918**

Thirty amusing and intelligent essays, Buchanan shares her insights as she moves from the overwhelming feelings of first love for her baby to the disturbing and often hilarious darker side of mommyhood, finally reaching a place where she not only speaks the language but understands the customs of this strange and wonderful land.

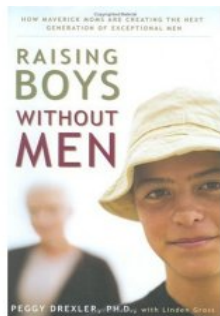


**Chicken soup for the mothers of preschooler's soul : stories to refresh and rekindle the spirit of moms of little ones**

**by Jack Canfield and others.**

**306.87 C533m**

Uplifting stories offer mommies a place to release the stresses of their day, encouraging their sense of self and spirit during this short, but precious period of time in their lives.



**Raising boys without men : how maverick moms are creating the next generation of exceptional men**

**by Peggy Drexler, with Linden Gross**

**306.87 D777**

A research psychologist offers a study of boys raised in female-headed households without a male role model, arguing that such young men grow up more empathetic and well-rounded than those in traditional mother-father families.

**The Tao of poop : keeping your sanity (and your soul) while raising a baby**

**by Vivian Elisabeth Glyck.**

**649.1 G568**

Based on the author's own experience as a mother late in life, this guide explores the challenges a parent can face during the first years of a child's life, highlighting the valuable life lesson that can be drawn from each predicament.

**Without a net: middle class and homeless (with kids)  
in America: my story  
by Michelle Kennedy  
92 K362**

Michelle Kennedy recounts how a few bad choices and missed chances pushed her below the poverty line and into a different life than she'd ever imagined. She shares each unvarnished detail of how, using her wits, a little luck, and a lot of courage, she survived disaster and, finally, triumphed.



**Surrendering to motherhood : losing your mind, finding your soul  
by Iris Krasnow  
649.1 K89**

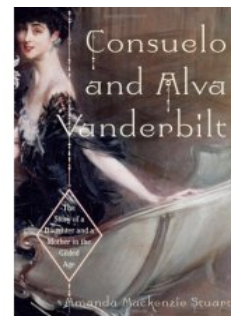
The story of one woman's search for spiritual fulfillment and personal identity that takes us along on her climb higher and higher on the career ladder, which only leaves her feeling emptier and emptier. After coming of age with women's liberation and the sexual revolution, the author finds emancipation at last in the Zen of running a houseful of children.

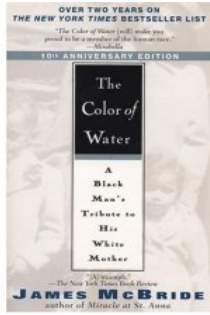
**The mother dance : how children change your life  
by Harriet Lerner  
306.87 L616**

Written from her dual perspective as a psychologist and a mother, Lerner brings us deeply personal tales that run the gamut from the hilarious to the heart-wrenching. From birth or adoption to the empty nest, *The Mother Dance* teaches the basic lessons of motherhood: that we are not in control of what happens to our children, that most of what we worry about doesn't happen, and that our children will love us with all our imperfections if we can do the same for them.

**Consuelo and Alva Vanderbilt : the story of a  
daughter and a mother in the Gilded Age  
by Amanda Mackenzie Stuart  
92 V2282s**

The colorful story of the Vanderbilt women, Consuelo and her mother Alva, describes their lurid adventures on both sides of the Atlantic and how their intriguing relationship unfolded during an age of callousness, ambition, and material excess.





## **The color of water: a Black man's tribute to his white mother**

**by James McBride**  
**92 M119**

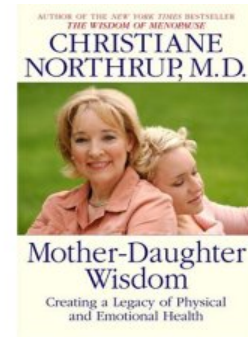
McBride shares the story of his mother's life as a daughter of an angry, failed Orthodox Jewish rabbi in the South, who runs away to Harlem, marries a black man, becomes a Baptist, and starts an all-black church.

## **Mother-daughter wisdom : creating a legacy of physical and emotional health**

**by Christiane Northrup**

613.0424 N877m

The mother-daughter relationship sets the stage for our state of health and well-being for our entire lives. Because our mothers are our first and most powerful female role models, our most deeply ingrained beliefs about ourselves as women come from them. Once we understand our mother-daughter bonds, we can rebuild our own health, whatever our age, and create a lasting positive legacy for the next generation.



## **Shooting Water**

**by Devyani Saltzman ; with an introduction and afterword by Deepa Mehta**

**791.4372 S179**

In 2000, Saltzman, daughter of international award-winning filmmaker Deepa Mehta, travelled to India to work with her mother on the film Water. Saltzman chronicles her life-changing experience in India, the struggle to produce a film, and, through that struggle, the emergence of a deeper love with her mother.

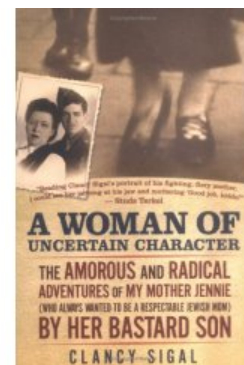
## **A woman of uncertain character : the amorous and radical adventures of my mother Jennie (who always wanted to be a respectable Jewish mom)**

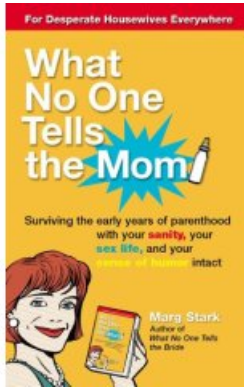
**by her bastard son**

**by Clancy Sigal**

**92 S574**

A rebellious son of a loving, single welfare mother recounts his Depression-era childhood, during which she took him to union rallies, preached pacifism in spite of her fighting spirit, and dreamed of an idyllic life that would include a faithful husband, beautiful home, and well-behaved son.





**What no one tells the mom : surviving the early years of parenthood with your sanity, your sex life, and your sense of humor intact**

**by Marg Stark**

**306.87 S795**

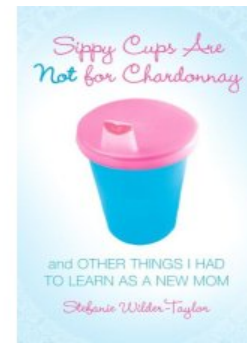
A survival guide for mothers draws on the author's own hard-won wisdom, as well as on helpful advice from other parents and child care experts, to offer a series of valuable coping strategies for the first five years of motherhood, covering such topics as how to avoid Supermom stress, tips and tricks for training Dad, dealing with household chaos, and sex.

**Sippy cups are not for chardonnay, and other things I had to learn as a new mom**

**by Stefanie Wilder-Taylor.**

**306.87 W673**

Straight dirt on parenting, tackling everything from Mommy & Me classes to attachment parenting. Combines practical tips with humour and honesty.

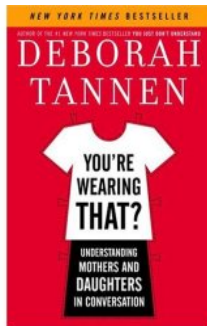


**You're wearing that? : understanding mothers and daughters in conversation**

**by Deborah Tannen**

**306.87 T166y**

An incisive study of the mother-daughter relationship examines every aspect of this complex bond and shows how to improve communication within a family by developing an understanding of the other's point of view.

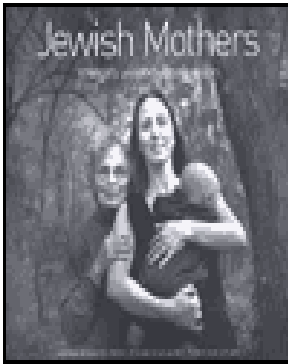


**Perfect madness : motherhood in the age of anxiety**

**by Judith Warner**

**306.87 W282**

An exploration of the world of modern motherhood describes the author's early parenting experiences in Paris and how they contrasted with the parenting expectations in the United States.



**Jewish mothers : strength, wisdom, compassion**  
compiled by Paula Ethel Wolfson ; photography by  
Lloyd Wolf

**909.09J J59mo**

Intimate profiles of 50 women from many walks of life and with varying ways of interpreting Judaism capture the essence of Jewish motherhood.

## ROMANS

**Pour un jour de plus**

par Mitch Albom ; traduit de l'anglais par Édith Soonckindt.

**FR A339p**

C'est l'histoire bouleversante d'une mère et de son enfant et de leur relation, la seule qui dure toute la vie et même par-delà la mort. Titre original: For one more day.

**Ma fille, doktorr astrophysik : roman**

par Anna Alter

**FR A466m**

Christophe, Anna et Mamouchkievitch, la mère omniprésente, forment un trio qui nous entraîne de Varsovie, à l'époque de Staline, au Paris des années soixante.



**Week-end de chasse à la mère**

par Geneviève Brisac

**FR B8583w**

Au-delà de l'anecdote d'une mère un peu folle et d'un petit garçon trop lucide, il y a la verve à la fois poignante et gaie qui traverse ce récit qui fait rêver. L'auteure a déclaré avoir voulu dépeindre "quelque chose de l'amour maternel, l'inquiétude qui s'y mêle" à partir de sa propre expérience.

## **Hanna et ses filles**

**par Marianne Fredriksson ; traduit du suédois par Anna Gibson**

**FR F8521h 1999**

Sur trois générations, une chronique féminine suédoise à la fois rude et lyrique dont l'élaboration fleurit bon l'authenticité historique. Anna se trouve auprès de sa mère mourante, quand elle décide de lire des lettres et des journaux intimes et regarder des photos pour apprendre plus sur sa mère et sa grand-mère. Titre original: Anna, Hanna och Johanna.

## **Le poids des ombres : roman**

**par Marie Laberge**

**FR L1172p**

L'héroïne de trente ans, Diane, fâchée avec sa mère depuis sept ans, apprend que cette dernière s'est suicidée. A partir de quelques bijoux, elle tente de reconstituer l'itinéraire de cette femme libre, provocante et sensuelle, en particulier à travers le regard de ses amants. Mais au cours de son enquête Diane, qui est en quelque sorte le contraire absolu de sa mère, frôle la folie, remet en question sa vie morose et conformiste, avant de se réconcilier avec l'image de sa mère et avec la vie.

## **Nouvelles d'autres mères : nouvelles**

**par Suzanne Myre**

**FR M9978n**

Grande expédition dans l'univers des relations mère-fille. Drôle et touchant!

## **Je ne sais pas comment elle fait : roman**

**par Allison Pearson ; traduit de l'anglais par Claudine Richetin**

**FR P3596j**

Mère de famille moderne et brillante économiste, Kate Reddy adore son job à la City. Professionnelle jusqu'au bout des ongles, elle sait jongler avec une dizaine d'unités monétaires dans une poignée de fuseaux horaires et préparer un repas dans sa cuisine alors qu'elle est en conférence sur son portable avec la côte Ouest. Concilier les voyages d'affaires et les réunions imprévues avec l'éducation de ses deux enfants... Titre original: I don't know how she does it.

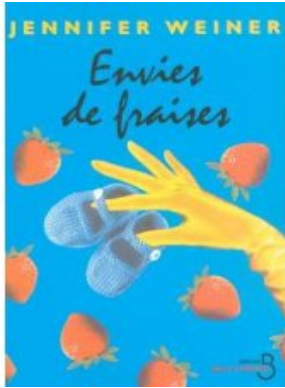
## **Dis, est-ce que tu m'aimes?**

**par Claude Sarraute**

**FR S2464d**

Une mère, une fille, leurs petits amis et leurs grandes copines: de leur vie quotidienne -tragi-comédies et vrais drames-, Claude Sarraute confectionne un irrésistible cocktail de tendresse et d'humour.



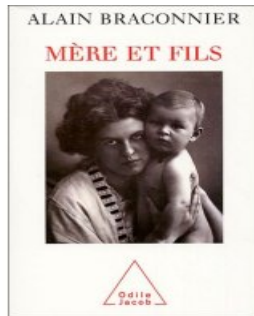


**Envies de fraises**  
par Jennifer Weiner ; traduit de l'américain par  
Laure Manceau

**FR W423e**

Fous rires, petites contrariétés et envies de fraises. Une tendre comédie sur trois jeunes femmes lancées dans l'aventure de la maternité. Titre original: Little earthquakes.

## DOCUMENTAIRES



**Mère et fils**  
par Alain Braconnier  
**FR 301.427 B797**

Analyse de différents types de relation entre une mère et son fils. En conclusion, ce livre prouve que l'amour de la mère pour son fils est une condition de son bon équilibre et de sa réussite d'homme.

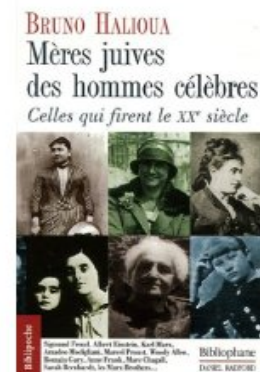
**Bouillon de poulet pour l'âme d'une mère : des histoires qui réchauffent le coeur et remontent le moral des mères**  
compilées par Jack Canfield et autres ; traduit par Annie Desbiens et Miville Boudreault

**FR 306.87 C533 1998**

Recueil d'histoires qui rendent hommage à la maternité. Titre original: Chicken soup for the mother's soul.

**Mères juives des hommes célèbres : celles qui firent le XXe siècle**  
par Bruno Halioua  
**FR 909.09J H173**

Sigmund Freud, Albert Einstein, Karl Marx, Woody Allen, Anne Frank, Marc Chagall, Sarah Bernhardt, les Marx Brothers. Le récit de leur enfance nous apprend que chacun



d'entre eux a entretenu avec sa mère une relation qui s'est toujours révélée déterminante dans leur future carrière.

## **Mère un jour, mère toujours! : comment les enfants transforment votre vie**

**par Harriet Lerner ; traduit de l'américain par Monique Désy-Proulx  
FR 306.87 L616 1998**

Une mère, spécialiste de la psychologie féminine et des relations familiales, parle aux autres mères de l'expérience unique de la maternité. Sur le ton de la confiance, elle les entraîne dans les dédales de ce rôle complexe en colorant son texte d'exemples choisis et de situations vécues. Titre original: The mother dance.



## **La fille de sa mère : de la difficulté des rapports mère-fille**

**par Véronique Moraldi  
FR 301.427 M828**

La relation mère-fille est une histoire d'amour si intense et si passionnelle qu'elle peut devenir le lieu de bien des abus et des souffrances.

## **Les filles et leurs mères**

**par Aldo Naouri  
FR 301.427 N194**

L'auteur, pédiatre, spécialiste des relations familiales, explore ici le monde des relations mères-filles, livrant ses réflexions basées sur une longue expérience clinique.

## **Mères au bord de la crise de nerfs : la maternité à l'ère de la performance** **par Judith Warner; traduit et adapté de l'anglais par Marie-Sylvie Rivière.**

**FR 306.87 W282**

À force de vouloir tout contrôler, les mères ont le sentiment que tout leur échappe. L'auteure encourage toutes les femmes à préserver leur identité de femme active au lieu de se sacrifier à leur identité de mère. Titre original: Perfect madness : motherhood in the age of anxiety.



**Aimer enfin sa mère : l'entendre, la comprendre, s'en libérer**  
**témoignages réunis par Isabelle Yhuel ; avec la collaboration de Alain**  
**Guy**

**FR 301.427 A294 1997**

Récits d'enfances où une vingtaine de femmes de tout âge évoquent leurs relations avec leur mère et ses conséquences sur leur propre vie. Ces histoires de vie démontrent comment l'amour mère-fille est puissant mais souvent conflictuel, et que pour réussir sa vie d'adulte, il faut se défaire "d'un lien trop passionnel avec sa mère".